

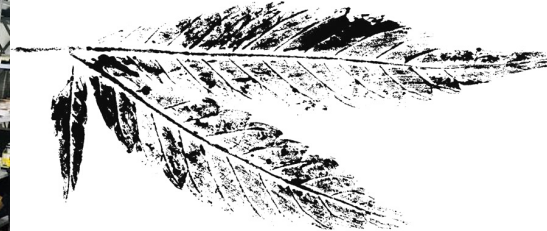


## QUEEN HEMP CO. BOTANICALS

*Whole Plant Hemp Extract. Vegan. Pesticide Free.*



queen hemp company



### OUR BOTANICALS SKINCARE LINE

Our Botanicals Skincare Line got a facelift! We went with fresh, new packaging on the outside — but don't worry, on the inside you'll find the same great products, infused with our whole plant hemp extract and soothing blends of essential oils.

**Our skincare line is plant-based, vegan and pesticide free.** If you don't have a skincare routine yet — 'tis the season! Winter tends to be harsh on the skin, with cooler temps and drier air. Replenish your skin's natural moisture with our **Hemp Infused Botanicals Bundle** & look vibrant for your socially distanced holiday parties and Zoom calls! See page 3.

### STRESS & 2020: TAKE A BREATH

Nearly 70% of U.S. adults say the presidential election is a significant source of stress this year, according to the American Psychological Association's Stress in America survey. Add that to the insanity that has been 2020 and we're faced with a real problem.

Prolonged stress takes a toll on both your mental and physical health, and can lead to high blood pressure, heart problems, headaches and depression. Scroll down to our Wellness Corner on page 3 for a simple way you can relax and take care of YOU this month.

### QUEEN HEMP CO. AFFILIATE PROGRAM

Coming soon! We're in the process of updating and finalizing a brand new Affiliate Program, complete with exciting ways for you to earn free products and apparel! We don't want to spill all the beans just yet though — we just wanted to let you know it's coming!

If you already know you're interested in applying to become a **Queen Hemp Company Affiliate** you can join the waitlist [here](#), and we'll make sure you're the first to know when the program goes live!

You can also stay tuned by clicking below to follow us on social!



“

*I've decided to be happy because it is good for my health.” -Voltaire*

## CHOCOLATE.



So where do chocolate and CBD cross paths: In the health benefits they both offer.

The underlying pathologies of many human diseases are mechanisms which depend upon oxidative reactions. There is considerable epidemiological evidence that plant materials have protective effects against many of these diseases. It may be speculated that plant materials that are rich in antioxidants, such as chocolate and hemp, are also beneficial to human health.

Chocolate and CBD have many health benefits in common. Both affect the endocrine system, cardiovascular and circulatory system, respiratory system, the muscle system, renal function. They also both affect mood, mental and physical performance, the reproductive system and may help prevent cancer.

The cannabinoids of the hemp plant work indirectly allowing your endocannabinoid receptors to balance your body's own neurochemicals to be longer-acting. CBD is the most potent antiinflammatory phytocannabinoid and the second in its analgesic effects only to THC.

By combining these two plant based options together, we have created a potential super powerhouse of healthy benefits.

Our Sea Salt blend helps maintain adequate hydration and blood pressure. It is perfect for an after workout pick me up. It helps increase your sodium, has the benefits of being a cardioprotectant and is an anti-inflammatory. It also can help promote optimal digestion. Having an after-dinner piece of chocolate may help you digest better, relax and help get you ready to wind down after a long, hard day.

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Chocolate. Silky, aromatic, sensual: it has been said to be the elixir to the gods.

Chocolate has a rich history dating further back than the 1500's. The Mayas of the Yucatan and Aztecs of Mexico cultivated cocoa. At one time, it was even found to be used as currency in the middle Americas.

When the Spanish became interested in cocoa, consumption was confined to the nobility; due to its scarcity, it was said to be an aphrodisiac. Pope Pius V tasted a cup of chocolate, was so disgusted with the taste that he gave up all thoughts of banning it under church rule, believing that no one would habitually consume such a product.

Little did he know...

Chocolate has many nutritional benefits. Not only is it a powerhouse of antioxidants, it is also the major source of dietary copper for North Americans!

## CHOCOLATE. (CONT'D)

The Raspberry bar encourages overall vascular health and cardiovascular strength. Chocolate, CBD and raspberries are all high in antioxidants and help clean the blood of toxins. Raspberries may protect against cancer, diabetes, obesity, arthritis and may even have anti-aging properties! Who wouldn't want to gobble up the 4 servings in one bar of Queen Hemp Raspberry CBD?



Espresso encourages better brain focus through neurochemical interaction to areas of the brain linked to focus. This added energy, when combined with CBD and chocolate, helps with brain focus and endurance. It may also assist with weight loss. Chocolate + CBD = Focus and Possible Weight Loss = Total Win!!

Our Peace blend is unique. Not only does it have the cannabinoid benefits of being a potential anti-anxiety solution, but it also has herbs which encourage relaxation, reduce anxiety symptoms, headaches, irritability, nausea, stomach pain and dizziness. CBD also helps with those conditions. Together, they are a Win-Win for an overall feeling of peace, love and calmness.

Chocolate and cannabinoids are a natural couple. Plant based, health focused and easily consumable and absorbed by the body. These two perfect partners can encourage better health practices for a multitude of different symptoms. Contact us if you have any further questions on how chocolate and CBD can help encourage a healthy lifestyle for you and those you love.

## wellness corner

### GINGER TURMERIC CBD WELLNESS SHOTS

With a hefty dose of vitamin C from the orange and lemon, anti-inflammatory benefits from the ginger and turmeric and an immunity boost from the honey... plus the added perks from CBD, this is a great addition to your fall and winter wellness routine.

#### INGREDIENTS:

- 1-2 small oranges
- 1-2 small lemons
- 2 tablespoons fresh grated ginger
- 1/2 teaspoon ground turmeric
- 1 tablespoon **Queen Hemp Company Hemp Infused Honey**
- 1/16 teaspoon ground black pepper
- Your Desired Amount of **Queen Hemp Company full spectrum hemp extract**



#### INSTRUCTIONS:

1. Add the juice from the oranges and lemons to a blender, along with the ginger, turmeric and black pepper.
2. Blend on high for 60-seconds. Strain through a fine mesh strainer or a nut milk bag.
3. Gently stir in the honey and/or your desired amount of CBD oil.
4. Garnish and enjoy.

To make this recipe vegan-friendly, swap out the honey for maple syrup. And don't leave out the black pepper! It might seem like a strange addition, but it helps your body absorb the curcumin from the turmeric by up to 2000%.

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PRODUCT OF THE MONTH

## BOTANICALS FACIAL BUNDLE

A delightful way to soothe, repair and pamper your skin. Our Botanicals Skincare line is infused with our whole plant hemp extract, which is full of the beneficial essential fatty acids your skin craves.

Treat yourself to our Botanicals Facial Lotion, Facial Serum & Facial Scrub — now available in a bundle that saves you 15%!



BUY NOW



"This is a great day time moisturizer. No oily residue, even works well underneath makeup. I have combination skin and struggle to find day time moisturizers that contribute to shine, especially when foundation or BB creams are used. This solved the problem." —Sarah

The statements made regarding these products have not been evaluated by the Food and Drug Administration.



## THANK YOU VETERANS!

We proudly support Warrior Wellness Solutions (WWS) — a 501(c) 3 nonprofit organization providing personalized Functional Medicine Health Coaching, Rehabilitative and Adaptive Exercise, Mindfulness, Stress Management, Resiliency training, and wellness education to Wounded, Ill and Injured Warriors, their families and caregivers. The WWS programs are tailored to veterans and service members who incurred a physical or mental injury, illnesses or wound co-incident to their military service.

Warrior Wellness Solutions (WWS) is a North Carolina based GuideStar Platinum rated 501(c) 3 nonprofit organization and maintains fiduciary transparency with third party auditing. WWS has received Letters of Support validating our programming from the Institute of Functional Medicine and the Functional Medicine Coaching Academy, and has

achieved recognition as an America's Warrior Partnership Four Star Alliance Program of Excellence, and as a Great Nonprofits "Top-Rated Nonprofit". They have provided integrative health and wellness education and training to thousands of Wounded, Ill, and Injured military service members, veterans, their families and caregivers, medical and support staff, and were recognized with an award for their service with the US Marine Corps' Wounded Warrior Regiment. Please visit their website to learn more: <https://www.warriorwellnesssolutions.org/>