# queen hemp company

Aug/Sept 202

Monthly Newsletter

Vol 1 Issue 2



### HUGE LABOR DAY WEEKEND SALE

BIG NEWS: We're excited to announce a huge Labor Day Sale starting this Friday! And we have an extra special surprise bonus exclusively for members of the Queen Hemp Community. More details on page 3.

### STRESS & ANXIETY: WHAT TO DO

"Even mild forms of anxiety can have negative effects on the body [like] headaches, increased irritability, digestive issues, heart palpitations, increased blood pressure, and excessive fatigue." What can you do about it? Learn more on page 2.

### COMMUNITY & PARTNERSHIP

Our local feature this month is **South End Market at Atherton.** You'll find local farmers, ranchers, food artisans, and crafters. Support local. Eat better! Read more on page 2.

### LIFE ON THE FARM: COME ON IN & TAKE A LOOK AROUND

We're an indoor, controlled-environment, hydroponic farm, and we take pride in the quality of our plants. Come on in, take a look around and check out one of our favorite varieties: **AC/DC**.

It has beautiful deep purple buds and has a strong skunky, peppery flavor combined with a citrus rind element — think lemon, sour orange with a piney twist. Growing great quality plants is the first step in producing great quality products! <u>Shop flower.</u>



# **CBD IN THE NEWS...**



### COMMUNITY & PARTNERSHIP FEATURING: SOUTH END MARKET



**South End Market at Atherton** carries fresh, local, and responsibly raised produce and proteins plus artisanal foods, and crafted items. You'll find local farmers, ranchers, fish mongers, food artisans, crafters and more!

They also feature some wonderful local vendors. You'll even find some of our Queen Hemp Company products! If you're local to the area stop by and check them out. They're open every Saturday from 8am-1pm at 235 W Tremont Ave. Charlotte, NC, or visit them at <u>www.southendmkt.com</u>.

If you're not in the Charlotte area we encourage you to stop by your local farmers market. You're sure to find great local produce, handmade products and a great sense of community.



### IT'S EXTRA STRESSFUL THIS YEAR

Do you still get those back to school vibes as an adult? Nervous excitement, new beginnings, endless potential... it's usually such a fun time of year!

Except this year. 2020 strikes again with:

## BACK TO SCHOOL: COVID EDITION

The uncertainty, the stress, the threat of homeschooling your youngsters while working full-time from home — it's a lot to handle.

With stress levels as high as they are lately, taking extra good care of yourself becomes essential.

"CBD works by interacting with our body's endocannabinoid system, which is the system that helps regulate our sleep, mood, appetite, memory, and reproduction." -Chris Meletis, ND

Supporting your body with adequate sleep, healthy foods, plenty of water and regular exercise is the way to go, and including CBD in your daily self care is a good idea too, since it may help ease anxiety. Read more <u>here.</u>

Brilliant things happen in calm minds. Be calm. You're brilliant.

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# <image>

# BACK TO SCHOOL BUNDLE

Does COVID have you stressing about the kids going back to school? Just feeling stressed in general? Let our Muscle Roller ball take that tension out of your neck and head, find your zen with our Zen Berry Gummies and celebrate the end of day with our Peace Chocolate (2) on sale now!

**ORDER NOW** 

"Amazing products and customer service!" -Larry

The statements made regarding these products have not been evaluated by the Food and Drug Administration

SEPTEMBER 4TH-7TH SEPTEMBER 4TH-7TH SALE SALE With special deals each day for members of the Queen Hemp Community.

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www.queenhempcompany.com